

Back to school, foundation of happiness

Partners in the project "Back to school the foundation of happiness" developed a manual of good practices for happiness between primary school children

The developed manual of good practices will help teachers prepare workshops and various activities for primary school children. The manual is based on positive psychology and will help children develop their social and emotional skills. Also, the manual includes information about how to motivate children to learn.

The manual of good practices is divided into several parts:

- An Introduction to Positive Psychology
- Theories and models of happiness
- Activities for happiness
- Resources and references

The manual of good practices is a valuable tool for teachers who want to promote happiness in primary school children. By using the activities in the manual, teachers can help children develop their social and emotional skills and motivate them to learn.

The very important fact is that the manual will be easy to use in class because it is divided into several parts and has a very good design. So every teacher can find something for themselves.

We hope that the manual of good practices will be a valuable resource for teachers and help promote happiness in primary school children.

Sincerely,

PARTNERS IN PROJECT

- Elementary school Otetz Paisii
- JU OŠ "Aleksa Šantić"
- Language school Sky
- Zavod Aspira
- Smart Idea
- Edukopro
- Jumpin hub

Manual of Good Practices
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Happiness



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WWW.EDUKOPRO.BACKTOSCHOOL.COM

EDUKOPRO21@GMAIL.COM

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